

## MONDAYS

### July

5 <sup>th</sup>	Town Trail – Christine
12 <sup>th</sup>	Summer Party Planning
19 <sup>th</sup>	Summer Party Review
26 <sup>th</sup>	Alan's night

### August

2 <sup>nd</sup>	Christine (possibly Scribble)
9 <sup>th</sup> and 16 <sup>th</sup>	Socials (not being planned in advance due to individual holidays)

23 <sup>rd</sup>	Keith's night
30 <sup>th</sup>	Bank Holiday

### September

6 <sup>th</sup>	Out night at Sandringham / Dersingham Feathers
13 <sup>th</sup>	Ten-pin bowling at Strikes
20 <sup>th</sup>	Catterwell Calamity
27 <sup>th</sup>	Colin or Dawn P's night

### October

4 <sup>th</sup>	Programme planning
11 <sup>th</sup>	Laser Quest
18 <sup>th</sup>	Catterwell Calamity
25 <sup>th</sup>	Keith's night

## Weekends and other additional dates

### July

Sun 4 <sup>th</sup>	Area Conference White Horse pub, High Road, Chadwell Heath, Romford. 1.45pm.
---------------------	---

Fri 16 <sup>th</sup> – Sun 18 <sup>th</sup>	<b>Kings Lynn Summer Party</b> Tottenham and Wormegay Village Hall Also incorporating <b>National Rounders</b> The Walks, Tennyson Road. Sat 17 <sup>th</sup> 1:30pm.
Sun 25 <sup>th</sup>	<b>RGT Pitch 'n' Putt</b> 1.45pm for 2pm start. Central Park, Dagenham

### August

Sat 21 <sup>st</sup>	<b>Scalextric</b> Electric Tracks, Spalding Camping at the Bluebell, Whaplode St Catherine
----------------------	--

### September

Fri 10 <sup>th</sup>	Meal out Voujon, Railway Road
Fri 10 <sup>th</sup> – Fri 17 <sup>th</sup>	National Holiday Abroad Bulgaria

### October

Sat 2 <sup>nd</sup>	<b>National Karting</b> Teamworks Karting, Bridgewater Close, Reading. £35 if booked before August 1st, £40 thereafter, limited to 30 places
---------------------	---

Sun 24 <sup>th</sup>	Chinese meal out Beijing Palace, Gedney
----------------------	---

### November

Fri 5 <sup>th</sup> – Mon 8 <sup>th</sup>	<b>WASH – Party on down to our new venue</b> Manor Park, Hunstanton
---	--

## GROUP COMMITTEE

**CHAIRMAN** Keith Israel Tel 01485 609290  
Email [keith@kingslynnplus.org.uk](mailto:keith@kingslynnplus.org.uk)

**SECRETARY** Dawn Petty

**TREASURER** Alan Gibbons Email [alan@kingslynnplus.org.uk](mailto:alan@kingslynnplus.org.uk)

**ACTIVITIES /  
PUBLICITY** Paul Catterwell Tel 01553 670937

**WEBMASTER** Christine Ticehurst Email [christine@kingslynnplus.org.uk](mailto:christine@kingslynnplus.org.uk)

**GENERAL  
COMMITTEE** Paul Favell  
Lucy Clegg

**MEMBERS**

## NATIONAL ORGANISATION

“Kings Lynn Plus” is affiliated to the National Federation of Plus Areas  
National Email [office@18plus.org.uk](mailto:office@18plus.org.uk)

### National Events after the end of this programme:

Sat 19<sup>th</sup> Feb 2011 National Annual General Meeting

### Plus on the Internet

Kings Lynn and National Plus have established homepages and are also on the popular Facebook networking site.

Kings Lynn homepage: [www.kingslynnplus.org.uk](http://www.kingslynnplus.org.uk)

Kings Lynn on Facebook: [www.facebook.com/group.php?gid=2406418964](http://www.facebook.com/group.php?gid=2406418964)

National homepage: [www.plusgroups.org.uk](http://www.plusgroups.org.uk)

National on Facebook: [www.facebook.com/group.php?gid=2422082771](http://www.facebook.com/group.php?gid=2422082771)



## Programme of Events July - October 2010

We meet most Monday evenings from 8.45pm  
at the Crown and Mitre, Ferry Street, Kings Lynn

**New Members  
Always Welcome**